

Week 1 Resilience

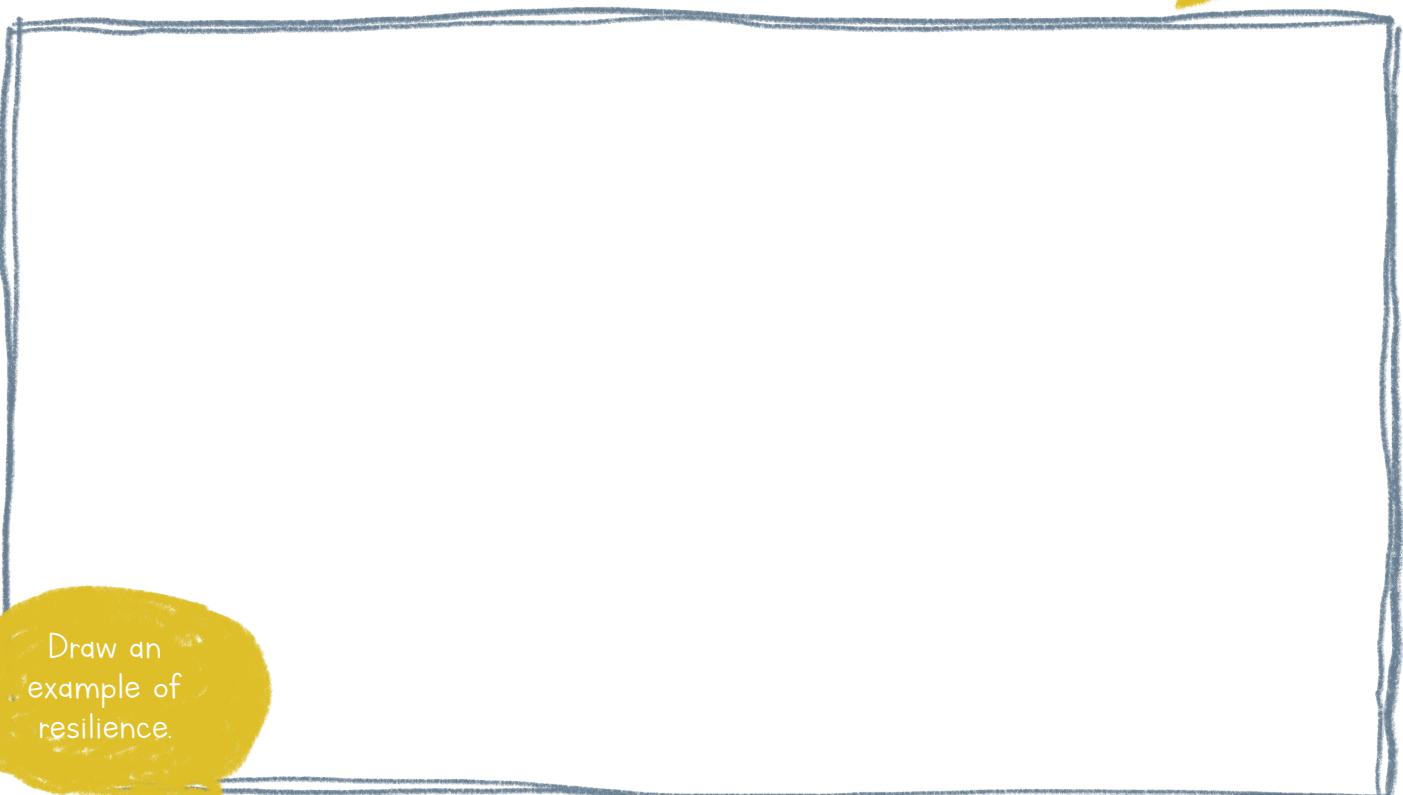
Let's

Talk

Name _____

What is resilience?

How can resilience improve your life?



Draw an example of resilience.