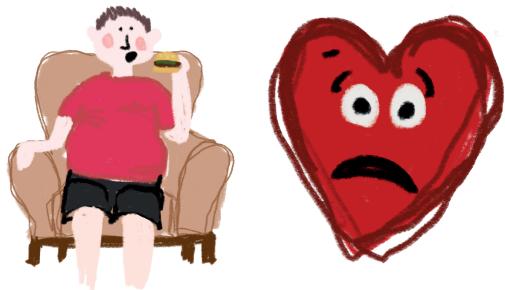


Lesson 2 Healthy Eating Year 3 | Journaling Scaffold

Name

1. What is the danger of eating too much fat?



2. Write a list of ten fruits and vegetables.



3. Why is it important to have five servings of fruit and vegetables a day?



HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt _____

How can you use today's learning in your life?

I can use today's lesson when _____

List two interesting ideas from today's lesson.

I found _____ interesting because _____

Draw something about today's lesson.