



Read both lists. What are the similarities and what are the differences?

Sharday's list of changes:

- Start periods
- Growth spurt
- Sweating
- Spots
- Pubic hair grows
- Hair grows on arms and legs
- Body changes shape (broader hips)
- Breasts grow and become fuller

Jayden's list of changes:

- The penis and testicles grow
- The scrotum becomes darker
- Growth spurt
- Sweating
- Spots
- Pubic hair grows
- Hair grows on arms and legs
- Body changes shape (broader hips)
- Breasts can swell slightly
- Facial hair begins to grow
- Voice breaks and gets deeper
- May have erections and wet dreams

Similarities	Differences