

Lesson 1 Sleep Year 4 | Activity

Name



Read the scenarios and work out the thoughts for the tired and fresh person.

Scenario	Thought of a tired person	Thought of a fresh person
1. You have had a fun weekend. Your mum has just asked you to do your homework.	_____	_____
	_____	_____
	_____	_____
2. You are in a netball match that has been going on for over twenty minutes. The scores are level and the teacher says that the next score wins.	_____	_____
	_____	_____
	_____	_____
3. Your best friend makes a harmless joke about your trainers.	_____	_____
	_____	_____
	_____	_____
4. It is Monday morning and you have a busy week of school ahead of you.	_____	_____
	_____	_____
	_____	_____
5.	_____	_____
	_____	_____
	_____	_____