

Lesson 2 Emotions Year 5 | Activity

Name

Main Task

Write the possible emotion and thought triggered by each event.

Event	Emotion	Thought
1. All of your friends have gone to a party but you were not invited.	_____	_____ _____
2. Your mum has just bought an amazing present for your sister.	_____	_____ _____
3. You have just been bought a new pair of trainers.	_____	_____ _____
4. Someone has just insulted one of your friends behind their back.	_____	_____ _____
5. You have scored the highest score in the reading test.	_____	_____ _____
6. You are lost.	_____	_____ _____
7. You are about to run a race at sports day.	_____	_____ _____
8. You have got to talk to a group of people that you don't know.	_____	_____ _____
9. _____	_____	_____ _____