

Lesson 4 Harmful Habits Year 6 | Activity

Name



Read each scenario and explain why each person started misusing illegal drugs.

Scenario	Reason to start
1. Amy achieved good grades in her A Level exams. She now had two months of summer holidays in front of her. Some of her friends were going on their first holiday but she didn't have the money to join them. One night, she looked at the summer calendar and counted 65 days until she had to be in Manchester for university. She had got a job selling clothes but it was only part-time. That's why Amy started.	_____
2. Amina had always been a natural athlete. She had left university and joined the local athletics club. After six months of regular training sessions she started to beat everyone. On her twentieth birthday Amina qualified to run in the national championships. Her family and friends came to support her. Unfortunately, she came last. That night, with tears in her eyes, she drove home with her coach. "There is only one way to win next year," he said. That's why Amina started.	_____
3. It was Mustafa's first day at university and he was excited about meeting new people. "Do you want to come out with us?" Dwayne, his new roommate had asked. Mustafa said yes and after two hours, Mustafa was really happy. Dwayne's friends were good fun and were interesting. He was desperate for them to like him. "Do you want one of these?" Dwayne asked. Mustafa looked down and saw some pills that he didn't recognise. "Go on, try one!" said Dwayne. That's why Mustafa started.	_____
4. Joanna had a good job, a good family and lots of friends but she was always nervous about other people. It didn't matter whether it was dancing, cooking, socialising or playing sport. Sometimes just talking to her friends was enough to get Joanna thinking about whether she was good enough. She needed to find something that would keep her worries quiet. That's why Joanna started.	_____