

Friendships

Why are friends important?



What makes a healthy friendship?



Good listening



Sharing

What makes an unhealthy (toxic) friendship?



They say unkind things



They are always talking about themselves



Showing support



Being positive



They say negative things about others



They don't listen

"Things are never quite as scary when you have a best friend."

"Friends accept you the way you are."

"A friend is what the heart needs all the time."

