

Friendships

Why are friends important?



What makes a healthy friendship?



Good listening

Sharing

What makes an unhealthy (toxic) friendship?



Showing support

Being positive



They say unkind things

They are always talking about themselves



They say negative things about others

They don't listen

"Things are never quite as scary when you have a best friend."

"Friends accept you the way you are."

"A friend is what the heart needs all the time."