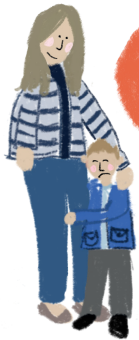


# Honesty



It was me.  
I am sorry, mum.

Honesty means that we are truthful in what we say and do.



Lies, lies, lies, lies

The opposite of being truthful is being dishonest.

Cheating in a game is another form of dishonesty.  
People cheat because they are...



Desperate to win  
and impress others



Anxious  
about losing/failing

## How to manage dishonest people

Recognise that someone lying to you might trigger your Tornado Zone.

Take a deep breath.

Only act when you are in the Chill Zone.



## You have three options



1. Ignore  
the lie.



Are you sure  
about that?

2. Address  
the person who lied.



Sophie keeps  
lying to me.

3. Report  
the person who lied.

