

Honesty



Honesty means that we are truthful in what we say and do.



The opposite of being truthful is being dishonest.

Cheating in a game is another form of dishonesty.
People cheat because they are...



Desperate to win and impress others Anxious about losing/failing

How to manage dishonest people

Recognise that someone lying to you might trigger your Tornado Zone.

Take a deep breath.

Only act when you are in the Chill Zone.



You have three options



1. Ignore

the lie.



2. Address

the person who lied.



3. Report

the person who lied.

