

Lesson 1 Resilience Year 4 | Journaling Scaffold

Name

VOCABULARY:

mistakes
unkindness
resilience
resilient
lacks
reaction
improve
statement

1. What is resilience? List three life challenges.



2. List two resilient statements.



3. Why is resilience important?



HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt.....

How can you use today's learning in your life?

I can use today's lesson when

List two interesting ideas from today's lesson.

I found interesting because

Draw something about today's lesson.

