

Lesson 6 Making Mistakes Year 5 | Journaling Scaffold

- I. List four emotions that could be triggered when you make a mistake. .



2. What are the Escape Thoughts? Why can they lead to poor decisions?



3. Why is it important to be honest and take responsibility for your mistakes?



VOCABULARY:
mistake
apologise
shame
regret
taking responsibility
hide from the mistake
escape thoughts

HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt _____

How can you use today's learning in your life?

I can use today's lesson when _____

List two interesting ideas from today's lesson.

I found _____ interesting because _____

Draw something about today's lesson.