

Lesson 1 Resilience Year 6 | Activity

Name



Identify a reaction lacking resilience and a resilient response to each scenario.

Scenario	Reaction lacking resilience	Resilient response
1. Georgia was walking through the playground. A year 4 child came up to her and said something rude about her mum.	_____ _____ _____ _____	_____ _____ _____ _____
2. Over the last couple of weeks Jack's best friend Leo has stopped spending time with him. They used to eat lunch together, play and laugh together. This doesn't happen anymore.	_____ _____ _____ _____	_____ _____ _____ _____
3. Isabella wins star of the week. She can't wait to share the news with her family. When she gets home her sister ignores her, her dad is on the phone and her mum says that she is busy.	_____ _____ _____ _____	_____ _____ _____ _____
4. Seb's parents separated two years ago. Yesterday, his dad introduced him to his new partner.	_____ _____ _____ _____	_____ _____ _____ _____
5. Darren has always played sport. His parents always look so proud when he wins. The problem is that he prefers to sing, dance and ride horses.	_____ _____ _____ _____	_____ _____ _____ _____