

Lesson 2 Emotions Year 6 | Activity

Name

Main Task

You will be given an event and an emotion. You need to explain the message that you think each emotion is sending you.

Event	Emotion	What message is the emotion sending you?
1. You being unkind	regret	_____
2. Getting a low test score	disappointed	_____
3. Waking up on a Monday morning	overwhelmed	_____
4. You see someone showing bullying behaviour to one of your friends	uncertain	_____
5. Returning home.	belong	_____
6.		_____