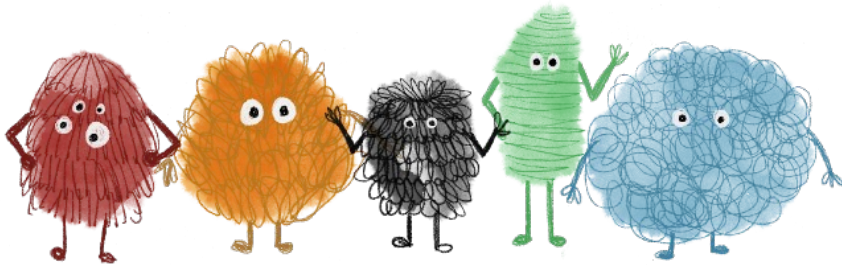


# Lesson 2 Thought Gremlins Year 2 | Journaling Scaffold

1. What is a thought gremlin?



## VOCABULARY:

thought  
gremlin  
unhelpful  
spot  
press pause

2. Write two examples of thought gremlins.



## HELPFUL SENTENCE STEMS

- 1) A thought gremlin is \_\_\_\_\_.
- 2) An example of a thought gremlin is \_\_\_\_\_.
- 3) Thought gremlins are good/harmful because \_\_\_\_\_.

