

# Lesson 1 Expressing Yourself Year 6 | Journaling Scaffold

Name .....

1. What does it mean to be self-curious?



2. How can being self-curious help us?



3. List some questions that can help us to be self-curious.

## HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt \_\_\_\_\_

How can you use today's learning in your life?

I can use today's lesson when \_\_\_\_\_

List two interesting ideas from today's lesson.

I found \_\_\_\_\_ interesting because \_\_\_\_\_

Draw something about today's lesson.

