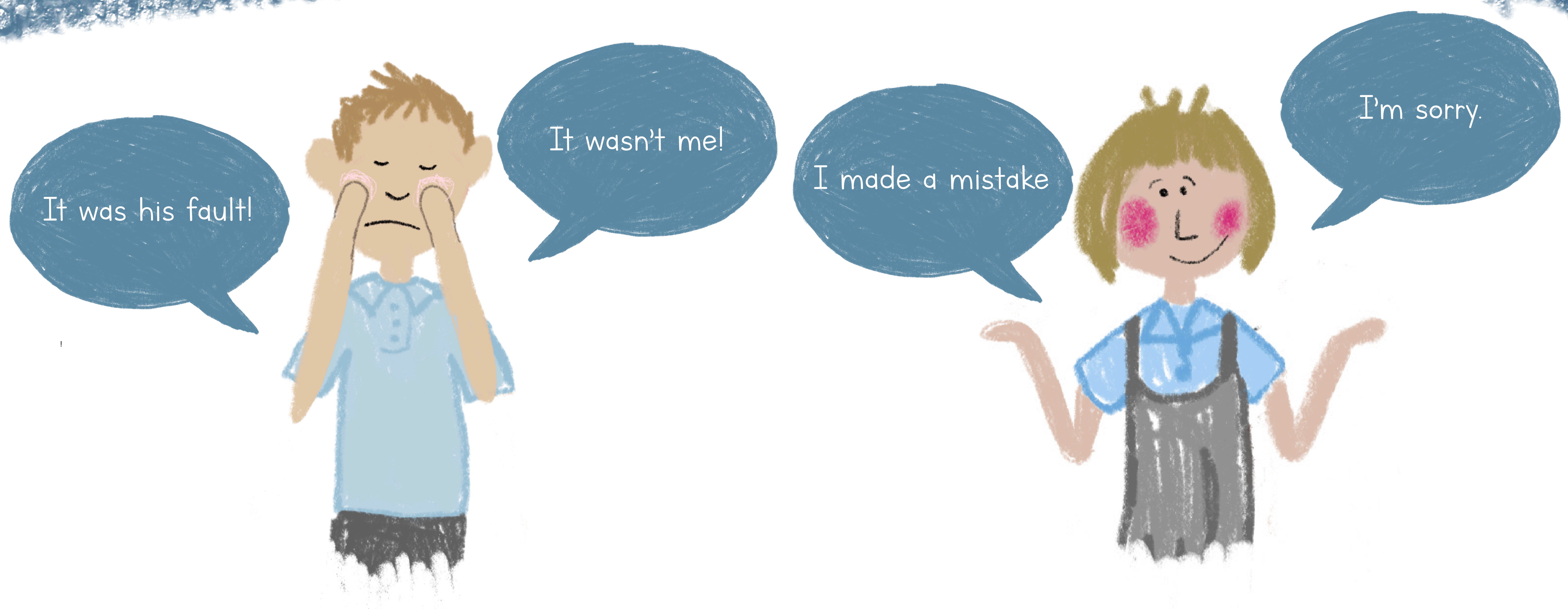


MISTAKES. Do you hide? Or do you face?



Hiding from a mistake

Facing a mistake



Facing our mistakes



builds trust
in relationships



eases the anxiety
and guilt triggered
when we hide
from mistakes



triggers
reflection
and growth



helps us
learn from
the mistake

Words of
Wisdom

from our
Let's Talk pupils

We can forgive
mistakes if
we have the
courage to face
them.

Mistakes happen to everyone.
It is how you respond
to them that matters.

Mistakes are
like seeds for
your brain.