

The Learning Arena

The Learning Arena is the place where you find the courage to have a go.



active talk partner work



talking in front of others



contributing

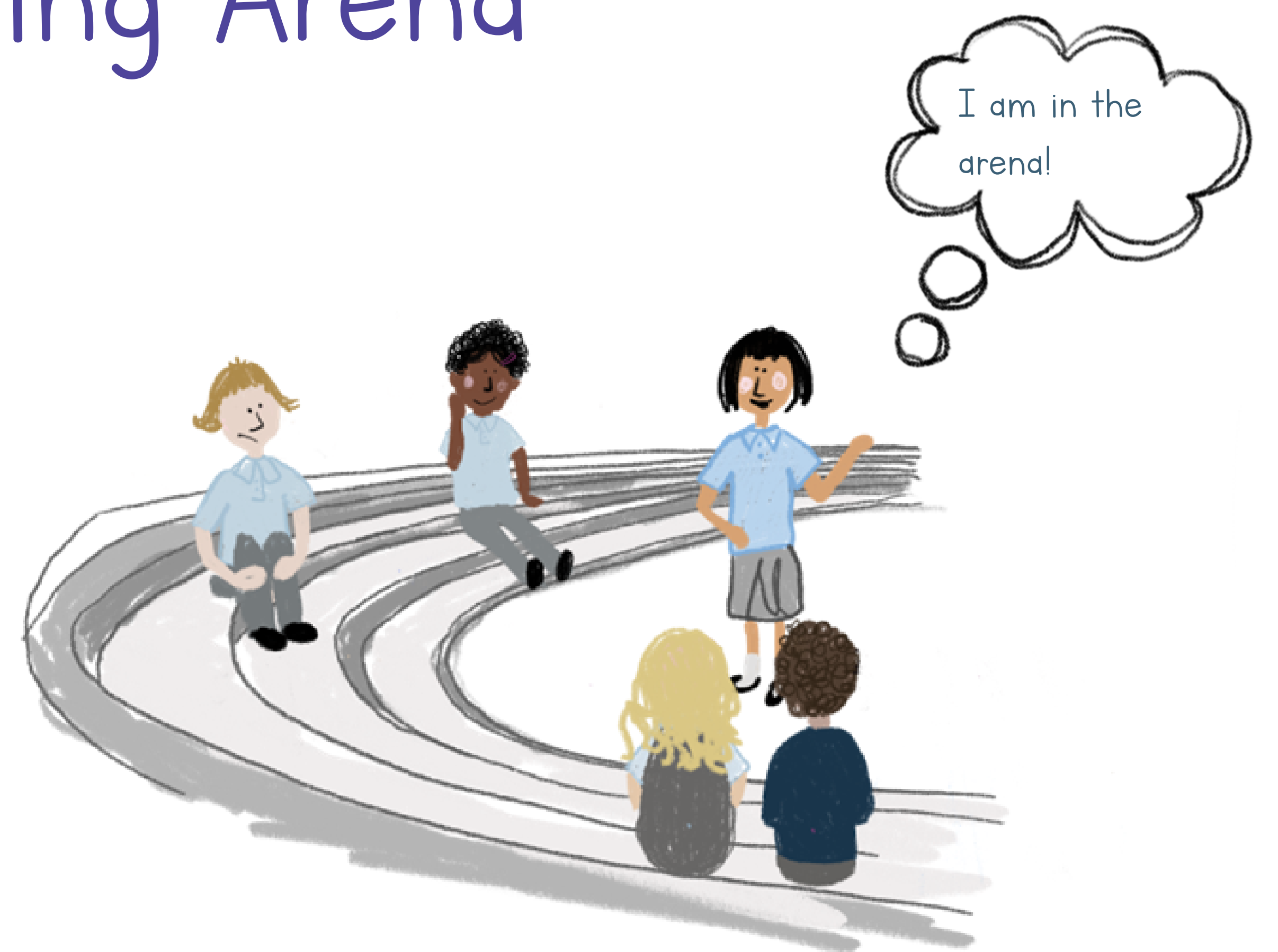
Getting in the Learning Arena



1. Spot the uncomfortable emotions



2. Press pause and breathe



3. Catch, check and challenge any thought gremlins

Words of Wisdom
from our Let's Talk pupils

The Arena is the place where courage and learning meet.

I used to hide from the Arena but now it makes me feel alive and free.

Scary and empowering is the Learning Arena.