

Press Pause and Breathe



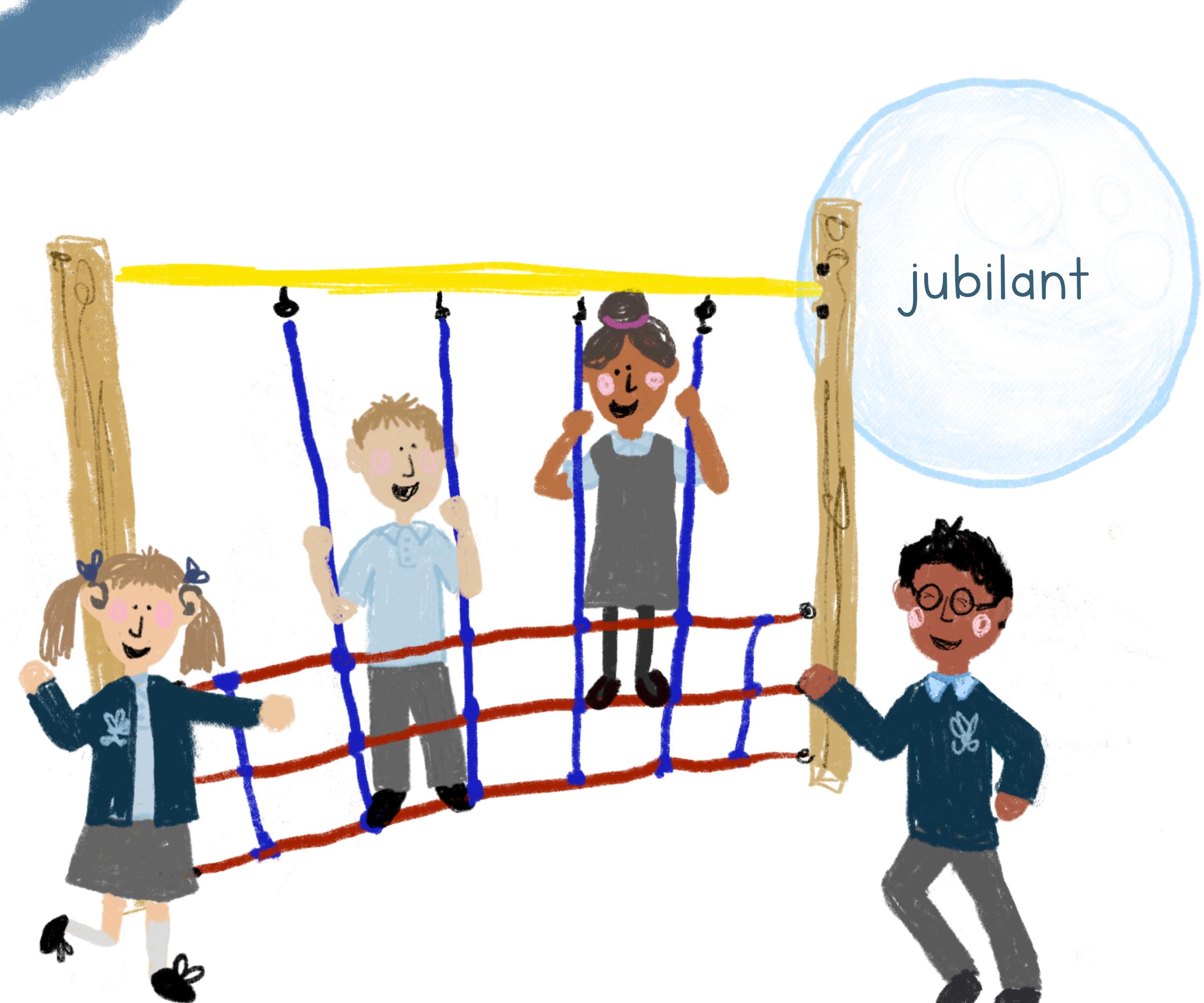
Press pause when you lose



Press pause when faced with unkindness



Press pause when you make a mistake



Press pause when the whistle goes

Words of Wisdom

from our
Let's Talk pupils

Pressing pause
protects you
from making
bad decisions.

No matter what
happens, you can
press pause.

Superman could fly,
Catwoman could climb,
my super power is to
press pause.