
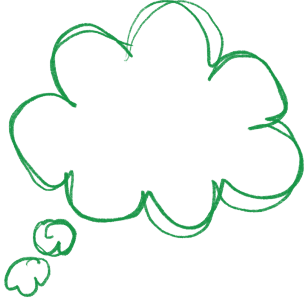




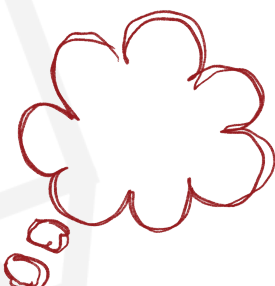



Lesson 4 Gratitude Year 4 | Activity

Name

Main Task

What is the thought without gratitude and thought with gratitude for the following scenarios?

Scenario	Thought without gratitude	Thought with gratitude
1. Waking up on a Monday morning and getting ready for school.		
2. Your mum saying that you can't have the new computer game because it is too violent for a year 4 child.		
3. Being told by the playground staff that you can't play football at break because of a wet pitch.		
4. Spending time with your nan when you want to play on your iPad.		
5. Being ignored by one of the children in your class.	