

Lesson 4 Gratitude Year 4 | Journaling Scaffold

Name

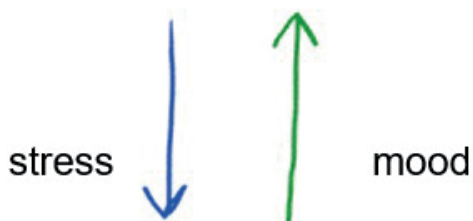
1. What are you grateful for in your life?



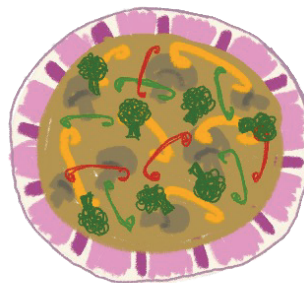
VOCABULARY:

gratitude
family
positive
relationships
boost
well-being

2. How does gratitude boost our wellbeing?



3. What is an example of a grateful thought?



HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt.....

How can you use today's learning in your life?

I can use today's lesson when

List two interesting ideas from today's lesson.

I found interesting because

Draw something about today's lesson.

