

Lesson 4 Gratitude Year 5 | Journaling Scaffold

Name

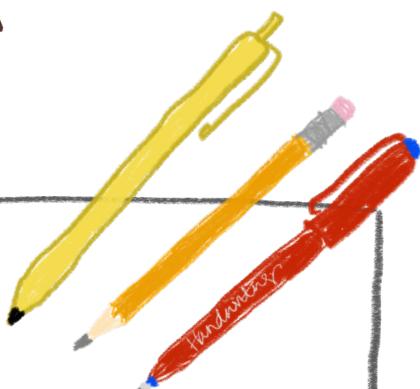
1. What are you grateful for in your life?



2. How can we use Malala's case study to boost our well-being?



3. Why is gratitude important?



HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt _____

How can you use today's learning in your life?

I can use today's lesson when _____

List two interesting ideas from today's lesson.

I found _____ interesting because _____

Draw something about today's lesson.