

Lesson 5 Challenges Year 4 | Journaling Scaffold

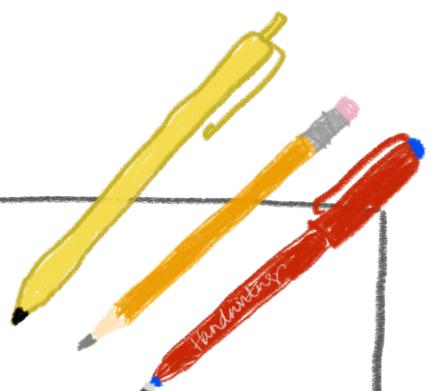
I. What is a challenge? List some of the challenges that we all face in life.



2. What are the different ways to tackle challenges?



3. Why can victim mentality be a harmful habit?



HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt _____

How can you use today's learning in your life?

I can use today's lesson when _____

List two interesting ideas from today's lesson.

I found _____ interesting because _____

Draw something about today's lesson.