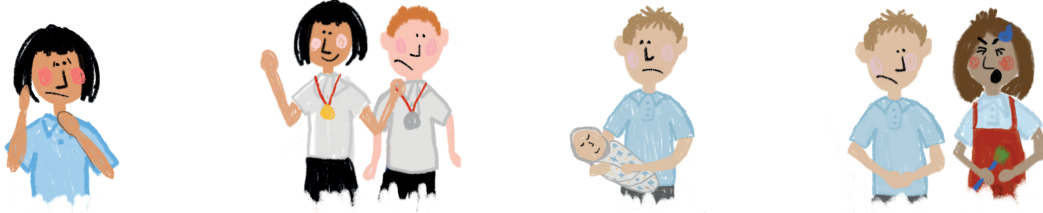
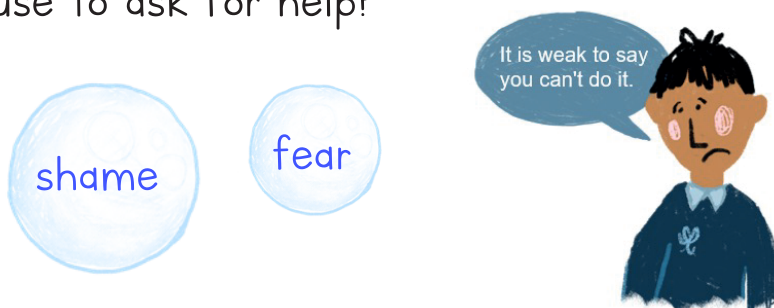


Lesson 5 Challenges Year 5 | Journaling Scaffold

1. What is a challenge? List some of the challenges that we all have to face in life.



2. What did you learn from Will's story? Why did he refuse to ask for help?



3. Why is it important to ask for help?



VOCABULARY:

roller coaster
judgement
rejection
challenges
burdening
embracing the challenge
victim mentality
challenge
the thought

HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt.....

How can you use today's learning in your life?

I can use today's lesson when

List two interesting ideas from today's lesson.

I found interesting because

Draw something about today's lesson.

