

Lesson 4 Harmful Habits Year 3 | Journaling Scaffold

Name

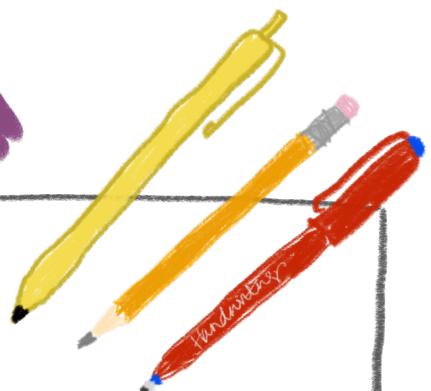
1. What is screen time? Can you give three examples?



2. Why can too much screen time be harmful?



3. Helen spends all day in front of a screen. What could she do instead?



HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt _____

How can you use today's learning in your life?

I can use today's lesson when _____

List two interesting ideas from today's lesson.

I found _____ interesting because _____

Draw something about today's lesson.