

PARENT/CHILD PSHE SESSIONS

Example of invitation from school to parents: sent out three weeks before the event

Dear parents/carers,

We would like to invite parents/carers to attend a year 5 PSHE lesson on Thursday 22nd May 2025 at 2pm - 2:55pm. This lesson will follow on from their Term 5 work and is part of our PSHE curriculum which focuses on supporting pupils to build resilience and support their well-being.

This is an exciting opportunity for you to work with your child in a PSHE lesson delivered by Mr Clark to explore ideas and concepts that are the foundation of our school community. We have organised this lesson because we recognise the power of working with you to ensure that your child has the skills to thrive both in and out of school.

Thank you for your ongoing support.

Example of pupil invitation: sent out on the week before

Asking the pupils to send an invitation to parents/carers about the event.

This includes all of the key information (date, time, location etc.) and persuasive language to sell the event. Key concepts (Press Pause, Circle of Kindness) can be used to decorate the invitation.

A reminder email/letter to parents two days before the event helps to raise numbers

Other things to think about:

- Managing pupils who do not have parent/carer representation on the day
- Organising seating arrangements for pupils with parents/carers and those without
- Identifying senior leader to support with behaviour and logistics on the day
- Prepping the class teachers on the key elements of the session
- Health and safety checks on parents/carers in school
- Distributing common language document/questionnaire