



Year 4 Term 5 Quiz

Name



OPENING
Young Minds

1. Tick the correct definition for the Being Human word boundaries.

- A. Boundaries are when you express what is ☐
OK and what is not OK.
- B. Boundaries are when we are relaxed ☐
- C. Boundaries are when we are angry ☐

2. How do you set friendship boundaries? Tick three.

- A. Use violence if necessary ☐
- B. Hold your boundary ☐
- C. Don't listen to what they say ☐
- D. Make your point clearly and calmly ☐
- E. Press pause ☐



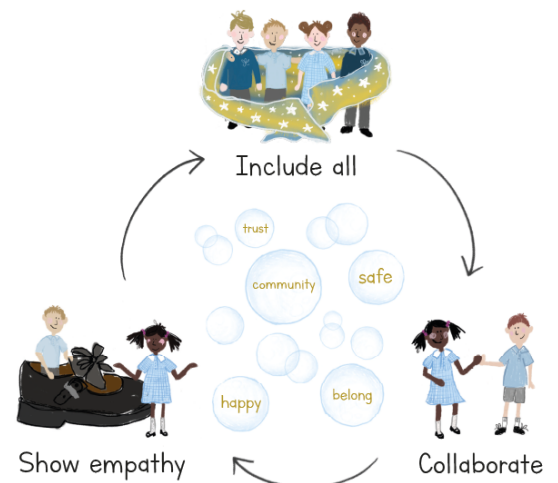
3. Why is empathy important?:

- A. _____
- B. _____
- C. _____



4. What are the responses if someone goes against the Circle of Kindness? Tick three.

- A. Talk to a friend ☐
- B. Ignore ☐
- C. Copy the behaviour ☐
- D. Report ☐





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5. Why do people cheat? Tick two.

- A. They are desperate to win
- B. They have lots of friends
- C. They are anxious about losing
- D. They are relaxed

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6. Tick the thought gremlins triggered by peer pressure.

- A. "People will like me if I do it."
- B. "I should always do what people say."
- C. "This is not the right thing to do."
- D. "I need to press pause and walk away from this."

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7. What are the two types of conflict?

- A. Stormy conflict
- B. Hungry conflict
- C. Calm conflict
- D. Crazy conflict

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8. What telephone number do you call if there is an emergency?

- A. 123
- B. 999
- C. 911

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