

Lesson 4 The Arena Year 6 | Journaling Scaffold

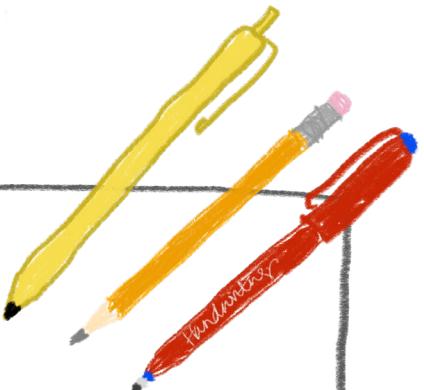
I. What stops people getting in the Arena?



2. What creates the feeling of shame?

3. What does reframing a gremlin mean? How do you do it?

VOCABULARY:
The Arena
uncertain
reframe
examine
shame
insecure
perspective



HELPFUL QUESTIONS AND PHRASES

What did you learn in this lesson?

In this lesson I learnt _____

How can you use today's learning in your life?

I can use today's lesson when _____

List two interesting ideas from today's lesson.

I found _____ interesting because _____

Draw something about today's lesson.