



1. Disgust

- A. Disgust is when we see something that makes us feel sick
- B. Disgust is a sudden strong fear
- C. Disgust is feeling or expressing great joy

2. What is resilience? Tick one.

- A. Distracting others
- B. Making good choices when things go wrong
- C. Being kind



3. What does someone in the Tornado Zone look like? Tick two.

- A. Red face
- B. Heavy breathing
- C. Tired



4. Tick the examples of someone getting in the Arena?

- A. Asking for help
- B. Putting your hand up in class
- C. Trying something new
- D. Letting someone else do your work



5. What should we do if we make a mistake?

- A. Say that it was not you
- B. Blame someone else
- C. Admit the mistake and say sorry