

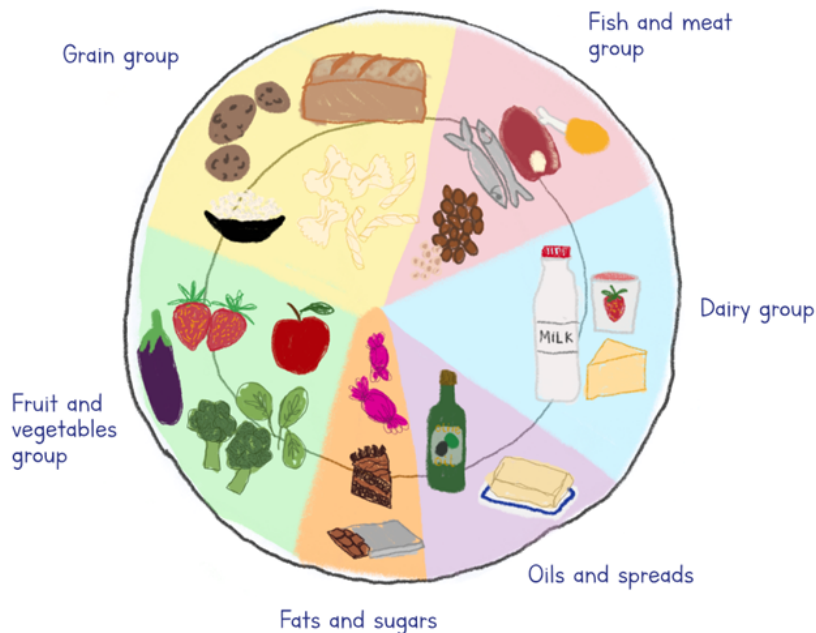
Lesson 2 Healthy Eating Year 2 | Journaling Scaffold

Name

1. How does food keep us safe and healthy?



2. What are the different foods that we need?



VOCABULARY:

energy
sugars
vitamins
protein
dairy
minerals
diet
carbohydrates

HELPFUL SENTENCE STEMS

- 1) Food keeps us safe and healthy because
- 2) The different foods that we need are
- 3) This lesson is important because

