

# Lesson 1 Expressing Yourself Year 2 | Activity

Name .....

Main Task

Tick the action that shows the child expressing themselves.

1. Maya's friends say that she can't play with them.

- a. She plays with someone else.
- b. She takes a breath and then talks to her teacher.
- c. She shouts at the children.



2. Stevie hates Tuesdays because he doesn't like PE.

- a. He draws a picture about what he is feeling.
- b. He goes to school and does PE.
- c. He says to his mum he is feeling sick.



3. Kate is jealous of her sister's birthday present.

- a. She talks to her teddy about the problem.
- b. She doesn't speak to anyone at the party.
- c. She hides her sister's present.



4. Eric's older sister has hurt herself. She had to go to hospital.

- a. Eric hides his tears from his mum.
- b. Eric eats lots of chocolate.
- c. Eric finds a quiet space to breathe.

